

**2007 Youth Risk Behavior Survey
Montana Grades 7-8
Trend Report**

<i>Injury and Violence</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	87.5	82.0	81.8	79.2	77.9	77.9	~
Never or rarely wore a seat belt when riding in a car driven by someone else	26.1	26.3	19.6	16.5	14.3	11.1	13.1
Never or rarely wore a seat belt when driving a car				32.6	26.5	22.3	~
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	31.4	31.7	28.8	26.0	24.8	24.6	~
Had ever ridden in a car driven by someone who had been drinking alcohol							43.6
Drove a car when they had been drinking alcohol during the past 30 days	9.0	9.4	8.3	6.8	6.8	5.8	~
Carried a weapon such as a gun, knife, or club during the past 30 days	31.4	30.7	25.7	24.3	22.1	24.5	~
Carried a weapon, such as a gun, knife, or club in their lifetime							48.0
Carried a gun during the past 30 days	15.7	14.4	12.3	12.9	10.8	11.5	~
Carried a weapon on school property during the past 30 days	14.0	11.6	8.4	5.9	6.2	5.5	~
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	4.7	6.0	6.4	6.5	6.6	6.2	~
Had been threatened or injured with a weapon on school property during the past 12 months	9.6	9.2	10.0	10.6	9.6	8.8	~
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months					34.4	33.3	~
Were in a physical fight during the past 12 months	49.3	48.7	46.1	40.3	40.4	41.1	~
Were ever in a physical fight							57.0
Were injured in a physical fight that required medical treatment during the past 12 months	4.9	4.8	5.0	4.6	4.4	4.2	~
Were ever injured in a physical fight that required treatment by a doctor or nurse							7.4
Were in a physical fight on school property during the past 12 months	27.2	29.0	24.7	21.0	21.6	20.9	~
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months			8.8	7.5	8.0	7.8	~
Have ever been physically forced to have sexual intercourse when they did not want to			6.9	6.1	6.5	5.9	~

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Percentage of students who . . .							
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months			24.4	23.3	24.5	23.6	~
Seriously considered attempting suicide during the past 12 months	22.2	21.9	17.9	16.8	16.6	15.0	~
Ever seriously thought about killing themselves							20.4
Made a plan about how they would attempt suicide during the past 12 months	17.2	18.2	16.1	13.3	13.6	12.5	~
Ever made a plan about killing themselves							13.9
Actually attempted suicide during the past 12 months	11.1	12.1	13.3	15.9	12.8	12.2	~
Ever tried to kill themselves							13.9
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	3.7	3.8	4.0	3.8	3.0	3.1	~

<i>Tobacco Use</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Ever tried cigarette smoking	56.0	57.6	53.9	46.5	40.4	34.9	27.1
Smoked a cigarette before age 13	34.4	35.2	32.3	25.5	21.3	17.4	15.0
Smoked a cigarette on one or more of the past 30 days ("current")	26.5	27.4	21.7	15.8	13.2	11.4	9.7
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	8.1	8.1	6.7	4.7	3.8	2.4	2.2
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	8.6	5.8	7.8	8.4	7.8	7.0	8.6
Usually got their cigarettes by buying them in a store or gas station during the past 30 days				1.0	0.7	0.5	1.0
Smoked cigarettes on school property during the past 30 days	10.0	9.0	7.5	5.0	4.5	3.4	~

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<i>Tobacco Use</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")			16.5	10.2	10.2	8.3	8.5
Among current smokers, tried to quit smoking during the past 12 months				99.4	86.3	68.8	~
Used chewing tobacco, snuff, or dip during the past 30 days	16.3	11.2	8.8	7.4	6.5	6.5	6.4
Used chewing tobacco, snuff, or dip on school property during the past 30 days	8.7	5.5	4.0	4.2	3.4	3.0	~
Smoked cigars, cigarillos, or little cigars during the past 30 days			9.0	5.8	6.2	5.1	5.7

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<i>Alcohol and Other Drug Use</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Had at least one drink of alcohol during their life	67.5	67.7	68.0	63.2	61.2	55.8	44.8
Had first drink of alcohol before age 13	48.1	48.6	47.9	43.4	40.2	35.5	32.4
Had at least one drink of alcohol during the past 30 days ("current")	37.1	37.6	32.9	30.2	27.2	22.9	~
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	22.8	22.5	20.1	17.9	15.2	11.9	13.1
Had at least one drink of alcohol on school property during the past 30 days	6.3	5.0	4.4	4.3	3.9	2.9	~
Used marijuana during their life	18.0	24.1	23.3	21.0	19.4	15.1	15.3
Tried marijuana before age 13	11.4	15.1	16.4	13.6	14.2	10.4	9.9
Used marijuana during the past 30 days ("current")	11.6	14.7	13.3	12.5	11.3	8.5	~
Used marijuana on school property during the past 30 days	4.0	4.9	4.4	3.9	3.5	1.2	~
Used any form of cocaine during their life	5.9	6.5	6.5	5.7	5.1	3.7	5.9
Used any form of cocaine during the past 30 days ("current")	3.7	3.8	3.6	3.7	3.2	2.2	~
Used inhalants during their life	25.2	24.2	19.2	15.4	16.9	15.0	17.2
Used heroin during their life			3.5	3.0	2.9	2.0	~
Used methamphetamines during their life			7.5	5.7	4.6	2.8	3.0
Used ecstasy during their life					3.8	2.7	~
Took steroid pills or shots without a doctor's prescription during their life	4.7	5.3	4.8	4.3	4.4	3.0	4.7
Used a needle to inject any illegal drug into their body during their life	3.0	3.1	3.0	2.6	2.7	2.2	~
Were offered, sold, or given an illegal drug on school property during the past 12 months	19.3	23.8	19.6	17.0	16.4	13.8	~

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<i>Sexual Behaviors</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Ever had sexual intercourse	22.9	22.4	21.4	19.3	20.2	18.6	16.0
Had sexual intercourse before age 13	12.6	11.5	11.3	9.6	10.9	10.1	10.3
Had sexual intercourse with four or more people during their life	6.1	5.1	5.3	4.9	5.5	4.0	3.8
Had sexual intercourse during the past three months ("current")	10.8	10.4	10.3	9.7	9.4	8.3	~
Drank alcohol or used drugs before last sexual intercourse	29.6	30.4	31.8	37.8	32.8	29.6	~
Currently sexually active and used a condom during last sexual intercourse	57.6	58.0	61.6	64.9	66.3	67.7	~
Used a condom during last sexual intercourse							69.4
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	8.1	7.8	6.1	7.6	5.7	7.7	~
Had ever been taught about AIDS or HIV infection	82.1	82.7	84.0	80.9	79.1	78.0	71.2

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<i>Weight Management and Dietary Behaviors</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Described themselves as slightly or very overweight	26.1	26.0	26.8	26.3	27.3	26.8	25.3
Were trying to lose weight	40.0	41.4	40.4	42.4	42.5	42.6	42.9
Exercised to lose weight or to keep from gaining weight during the past 30 days	54.8	55.5	61.2	62.0	62.1	63.4	~
Ever exercised to lose weight or keep from gaining weight							69.5
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days			37.1	37.3	36.4	35.5	~
Ever ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight							42.9
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days			12.5	12.3	12.1	11.2	~
Ever went without eating for 24 hours or more to lose weight or to keep from gaining weight							17.3
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days			6.0	6.0	4.8	3.9	~
Ever took diet pills, powders or liquids without a doctor's advice to lose weight							6.6
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	5.8	6.5	5.4	5.4	5.1	5.0	~
Ever vomited or taken laxatives to lose weight or to keep from gaining weight							6.1
Drank 100% fruit juices during the past seven days			82.5	80.0	80.3	79.4	~
Ate fruit during the past seven days			89.4	89.3	89.4	89.5	~
Ate green salad during the past seven days			72.3	71.2	70.1	67.8	~
Ate potatoes during the past seven days			75.1	71.9	72.5	68.8	~

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<i>Weight Management and Dietary Behaviors</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Ate carrots during the past seven days			59.8	58.9	58.9	57.6	~
Ate other vegetables during the past seven days			86.0	83.9	84.6	83.8	~
Drank three or more glasses per day of milk during the past seven days			33.7	30.7	29.1	28.0	~

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<i>Physical Activity</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days ("vigorous")	75.8	75.2	76.7	73.4	71.8	73.4	NA
Participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days ("moderate")			27.8	17.3	22.3	25.4	NA
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days							56.0
Watched three or more hours per day of TV on an average school day			31.6	28.9	30.7	29.8	27.0
Played 2 or more hours of video or computer games or used a computer for something not school-related on an average school day							35.4
Attended physical education (PE) classes on one or more days in an average week when they were in school	88.6	88.0	89.2	85.9	88.5	88.6	89.8
Attended physical education (PE) classes daily in an average week when they were in school	33.7	31.0	32.1	29.2	23.2	25.0	27.1
Are enrolled in physical education (PE) class and actually exercised or played sports more than 20 minutes during an average PE class	79.4	78.8	78.2	79.7	83.5	83.5	NA
Played on one or more sports teams during the past 12 months			78.3	76.5	75.0	75.2	78.1

<i>Other</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Had ever been told by a doctor or nurse that they had asthma						16.3	18.0
Currently have asthma							12.9